

BREAKFAST

THE FRY 15.5

free range eggs your way, bacon, sausage, tomato, mushrooms, hash browns, beans, toast

VEGGIE FRY 15.5

free range eggs your way, veggie sausage or halloumi, spinach, avocado, tomato, mushrooms, hash browns, beans, toast

GYM FRY 15.7

free range poached eggs, halloumi, avocado, mushrooms, tomato, spinach
choose bacon or smoked salmon

CREAM CHEESE & CHILLI NAANS 15

cream cheese, free range fried eggs, chilli jam, coriander
choose sausage, veggie sausage, bacon or halloumi

CHILLI CHEESE ON TOAST 14.5

mature cheddar, parsley, spring onion, green chillies, free range fried eggs, toasted sourdough

CHEESY BEANS ON TOAST 10

beans, mature cheddar, doorstep granary toast

EGGS BENEDICT 14.6

bacon, mushrooms, spinach, free range poached eggs, hollandaise sauce, toasted muffins

EGGS FLORENTINE 14.7

smoked salmon, avocado, spinach, free range poached eggs, hollandaise sauce, toasted muffins

TBK BREAKFAST BURGER 14.9

double sausage patty, american cheese, streaky bacon, hash browns, free range fried egg, chilli jam, toasted brioche

SMOKED SALMON & CREAMY SCRAMBLED EGGS 14.5

toasted granary

RIOJA BREAKFAST 15.8

iberico ham, feta, crispy chilli free range fried egg, truffle and parmesan fries

CRUSHED AVOCADO 15.8

avocado, free range poached eggs, citrus salsa, sun blushed tomatoes, basil mayonnaise, crispy chilli, fresh lime, toasted sourdough
add feta 2

SPICY TOMATO BAKE 15.5

tomatoes, red onion, chilli, coriander, spinach, feta, crispy free range fried egg, toasted sourdough

CHORIZO HASH 15.3

chorizo, spinach, red onion, chilli, parsley, chestnut mushrooms, new potatoes, free range fried egg

PORRIDGE POT 9.6

choose dark chocolate, banana, maple syrup
choose fresh market fruits, coconut flakes, tiptree honey
choose regular, coconut, almond, oat milk

ACAI BOWL 15

granola, banana, frozen red berries, flaxseeds, almond butter, coconut flakes, fresh market fruits. mint

PANCAKE OR WAFFLE STACK 13.5

choose ice-cream, pistachio cream, macerated strawberries, pistachio crumb, mint
choose macerated strawberries, banana, nutella, mint
choose streaky bacon, maple syrup
add scrambled or fried egg 2.5

FRENCH TOAST 14.5

choose caramelised banana, macerated strawberries, mascarpone
choose streaky bacon, maple syrup

LUNCH

THE SANDWICHES

BELT SANDWICH 12

crispy bacon, fried eggs, leaves, roasted tomatoes, basil mayonnaise, sourdough

CAPRESE TOASTIE 14

mozzarella, sun blushed & seasonal tomatoes, pesto, garlic butter, fresh basil, toasted sourdough
add streaky bacon 2.5

STEAK SANDWICH & FRIES 16.5

sirloin steak, garlic & herb cheese, caramelised red onion, rocket, maldon salt flakes, garlic butter, mustard mayonnaise, toasted ciabatta, rosemary salted fries

THE SALADS

CRISPY CHICKEN CAESAR 17

breaded chicken, crispy bacon, anchovies, poached egg, lemon, baby gem lettuce, parmesan, caesar dressing

BAKED GOATS CHEESE 16.5

goats cheese, honey, cherry vine tomatoes, walnuts, leaves, garlic mustard mayonnaise dressing, toasted sourdough

ASIAN SALMON SALAD 17.5

salmon, rice noodles, spinach, cucumber, tomato, spring onion, sweet chilli peanuts, mint, lime, chilli ginger & soy dressing,

THE BURGERS

HOUSE BURGER 17.5

double beef patties, american cheese, house pickle sauce, toasted brioche bun, rosemary & parmesan fries, peppercorn sauce

CRISPY CHICKEN BURGER 16.5

southern fried chicken, american cheese, rainbow slaw, hot sauce, gherkin, toasted brioche bun, rustic fries

HOT HONEY HALLOUMI BURGER 16

grilled halloumi, spinach leaves, rainbow slaw, roasted red pepper, hot honey, toasted charcoal bun, rustic fries

THE FRIES

HALLOUMI FRIES & CHILLI JAM 7.5

TRUFFLE & PARMESAN FRIES 6.5

ROSEMARY SALTED RUSTIC FRIES 6.5

RUSTIC FRIES 6

THE LONG LUNCH CLUB

TBK BOTTOMLESS

“brunching in style because life is too short for the ordinary”

book a long lunch at tbk & get 90 mins of free flowing drinks with any main item on our brunch club menu.

free flowing drinks

house wine, prosecco, mahou, aperol or amalfi spritz +35
tommys or spicy margarita +45

“OUR MENU IS MADE FOR EVERYONE”.

Please ask your server for our Vegan Menu. We will adapt to GF or DF or any other allergy or intolerances. Or feel free to scan our QR code and we'll take care of the rest with no compromise on flavour.



COFFEE

FIREHEART COFFEE

ESPRESSO 3.3

AMERICANO 3.9

LATTE/CAPPUCCINO 4.5

FLAT WHITE/CORTADO 4.3

MACCHIATO 4.4

PUMPKIN SPICE LATTE 5.2

MILK/WHITE CHOCOLATE MOCHA 4.7

CHAI 4.3

SYRUP SHOT 0.60

hazelnut, caramel, vanilla, tiramisu

DAIRY FREE MILK 0.60

oat, coconut, almond

ICED COFFEE

cold brew, milk & vanilla cold foam

BROWN SUGAR SHAKEN ESPRESSO 5.5

PISTACHIO CREAM 6

BANANA CREAM 6

LOTUS BISCOFF 6

TIRAMISU 6

HAZLENUT 5.5

CARAMEL 5.5

VANILLA 5.5

MATCHA

hot or iced, vanilla cold foam on iced

MATCHA 4.5

BANANA BREAD 6

PISTACHIO CREAM 6

WHITE CHOCOLATE 6

CHOCOLATE

KOKO DELUXE

KOKO DELUXE 7.5

chocolate, toasted marshmallows

ICED KOKO DELUXE 6.5

chocolate, milk

TIRAMISU KOKO DELUXE 8

hot or iced

chocolate, naples biscuits, whipped cream

TEA

TEAPIGS

EVERYDAY/EARL GREY/GREEN/PEPPERMINT/LEMON &

GINGER/DECAF SUPERFRUIT 4.1

SMOOTHIES

ACAI 8.5

banana, mango, blueberries, flaxseeds, acai pulp

PASH N SHOOT 8.5

mango, pineapple, passionfruit

KALE KICK 8.5

mango, spinach, kale

MILKSHAKES

CHOCOLATE/STRAWBERRY/VANILLA 7.5

add banana 2

MEGA MILKSHAKE

whipped cream

ROLO/OREO/BISCOFF 8.9

JUICE

FRESHLY SQUEEZED ORANGE 4.9

FRESH APPLE 4.7

CRANBERRY 4.6

PINEAPPLE 4.6

GRAPEFRUIT 4.6

FROM THE FRIDGE

STILL/SPARKLING WATER 3.9

SAN PELLEGRINO ORANGE/LEMON 4.4

COKE/ZERO 4.2

ELDERFLOWER SPRITZ 4.6

BRUNCH COCKTAILS

THE PICKLE HOUSE BLOODY MARY 12.5

ESPRESSO MARTINI 12

THE SPRITZ

APEROL SPRITZ 12

aperol, prosecco, soda

HUGO SPRITZ 12

st-germain, prosecco, soda

MIMOSA SPRITZ 12

cointreau, prosecco, orange juice

AMALFI SPRITZ 12

limoncello, prosecco, soda

PIMENTAE MARGARITAS

PALOMA 12

tequila, grapefruit, agave, soda

TOMMYS 11.5

tequila, lime, agave, salt rim

SPICY 11.5

tequila, lime, agave, chilli, tajin rim

GHOST LABS COCKTAILS

ALL CLEAR, ALL LOW CAL

VODKA 11

melon, lemon, raspberry

RUM 11

lime, mint, coconut

TEQUILA 11

lime, pomelo, jalapeno

THE TEETOTALS

THE PICKLE HOUSE VIRGIN MARY 9.5

NO GIN FIZZ 9.5

zero gin, rhubarb and raspberry fever tree tonic, fresh raspberries, mint

HEINEKEN ZERO 4.8

SEA CHANGE 0% SPARKLING WINE 7.5

BUBBLES	125ml	BTL
HOUSE PROSECCO BRUT italian	7	36
HOUSE PROSECCO ROSE italian		37
CHAPEL DOWN BRUT english		65
CHAPEL DOWN ROSE english		70

WINE	175ml	250ml	BTL
125ml available			

WHITE			
PINOT GRIGIO italian	7.3	10.5	31
SAUVIGNON BLANC new zealand	7.5	11	32
ROSE			
COTE DE PROVENCE french	9	13	38
RED			
VALPOLICELLA RIPASSO italian	9.3	13.5	40

BEERS & CIDERS	half	pint
MAHOU 4.8% spanish	3.4	6.9
	can	bottle
NOAM 5.2% bavarian		5.5
GUINNESS irish	5.6	
SOUTH WEST ORCHARDS CIDER english	6.5	