

TO EAT

ACAI BOWL 14.9

granola, banana, frozen red berries, flax seeds, almond butter, coconut flakes, fresh market fruits

PORRIDGE 9.6

choose dark chocolate, banana, maple syrup
choose fresh market fruits, agave
choose blueberry, matcha
choose coconut, almond, oat milk

CRUSHED AVOCADO 12.4

avocado, citrus salsa, sun blushed tomatoes, balsamic glaze, chilli, toasted sourdough

VEGAN FRY 15

vegan sausage, roasted red pepper, avocado, mushrooms, tomato, beans, spinach, hashbrown, vegan spread, toast

BEANS ON TOAST 8

toasted granary

VEGAN SPICY BEAN BURGER 16.5

patty, vegan cheese, spinach leaves, rainbow slaw, salsa, toasted charcoal bun, rustic fries

VEGAN BUDDAH BOWL 15

quinoa, hummus, avocado, beetroot, cucumber, cherry & sun blushed tomatoes, spring onion, nachos, olive oil & balsamic dressing

WARM VEGAN BROWNIE 9

vegan ice-cream, oreo crumb

ICE CREAM 7

caramelised banana, biscoff crumb, agave

TO DRINK

SMOOTHIES

ACAI 8

banana, mango, blueberries, acai pulp pellets

PASH N SHOOT 8

mango, pineapple, passionfruit

KALE KICK 8

mango, spinach, kale

THE GREEK BANANA 8.5

banana, greek yogurt, agave, coconut milk

BANANA ESPRESSO PROTEIN SHAKE 9

espresso, almond milk, banana, spinach, flaxseed, vanilla protein

STEAMED COCONUT MILK COLLAGEN SHOT 6

MILKSHAKE 7

vegan ice-cream

choose biscoff

choose oreo

